

Product Information

Trade Name of the Medicinal Product

VALIDOL

0.06 g

Sublingual tablets

Qualitative and quantitative composition

active substance: validol or solution of menthol in isovaleric acid menthyl ether;

1 tablet contains 4.9 per cent (0.06 g) of validol or solution of menthol in isovaleric acid menthyl ether (natural menthol – mint extract);

excipients: sugar, calcium stearate.

Therapeutic indications

- sea and air sickness;
- hysteria;
- neurosis;

Pharmacodynamic properties

Pharmacotherapeutic group.

Combined cardiological agent.

ATC code C01E X.

Validol® soothes the central nervous system and causes moderate reflex vasodilatation (coronary effect) by means of reflex stimulation of sensitive nerve (cold) receptors of oral mucosa. Receptor stimulation is accompanied by induction of release of endorphines, enkephalines, dinorphines and other opioid peptides playing an important role in relieving pain sensation, normalisation of vascular permeability and regulation of other important mechanisms of functioning of the cardiovascular and nervous systems. The medicine releases physiologically active substances – histamine, kinins, etc.

Used sublingually, Validol® is absorbed from oral mucosa.

Pharmacokinetic properties

The onset of therapeutic effect is in about 5 min.

After absorption, it is biotransformed in the liver and is excreted in urine as glucuronids.